

Mayor Albio Sires &  
The Board of Commissioners Present  
Senior Events November Calendar!



Seniors Department  
Located at 515 54<sup>th</sup> St WNY  
Call To Reserve at (201) 295-5144

# November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Play Domino - 9 am-12 pm 1 Garden State Mall - 9:45 am Burlington - 9:45Am Chair Exercise - 515-54St Bus Pickup At 9:45AM (5101 Park Ave)	Play Domino - 9 am - 12 pm 2 Trader Joes 9:45am Shop Rite-1:00Pm *BINGO - 515-54th St -1 pm-3 pm Chair Exercise - 434 - 62nd St. Community Rm - (residents of 430 & 434) - 10 am - 11 am	Play Domino - 9am-12pm 3 Walmart (Secaucus) 9:45 am	Tai-Chi 4 9:30am 54 <sup>th</sup> Broadway Freshman Academy Gym
5	Play Domino - 9am-12pm 6 Bergen Mall - 9:45am Lidl - 1:00pm Chair Exercise - 515-54 <sup>th</sup> St at 10am Bus Pickup for (5101 Park Ave at 9:50am)	7 	Play Domino - 9am-12pm 8 Garden State Mall - 9:45 am Burlington - 9:45Am Chair Exercise - 515-54St Bus Pickup At 9:45AM (5101 Park Ave)	Play Domino-9am - 12pm 9 Trader Joes 9:45am ShopRite - 1:00pm *BINGO - 515-54 <sup>th</sup> St - 1pm - 3pm Chair Exercise - 434 62 <sup>nd</sup> St. Community Rm - (residents of 430 & 434) - 10am-11am	10 CLOSED 	Tai-Chi 11 9:30am 54 <sup>th</sup> Broadway Freshman Academy Gym
12	Play Domino-9am-12pm 13 Bergen Mall - 9:45am Lidl - 1:00pm Chair Exercise - 515-54 <sup>th</sup> St at 10am Bus Pickup for (5101 Park Ave at 9:50am)	Play Domino-9am - 12pm 14 Newport Mall 9:45 am ShopRite - 11:20am *BINGO - 515-54 <sup>th</sup> St-1pm3pm Chair Exercise - 434 62 <sup>nd</sup> St. Community Rm - (residents of 430 & 434) - 10am-11am Tai-Chi 54 <sup>th</sup> St & Blvd East	Play Domino - 9am-12pm 15 Garden State Mall - 9:45 am Burlington - 9:45Am Chair Exercise - 515-54St Bus Pickup At 9:45AM (5101 Park Ave)	Play Domino-9am - 12pm 16 Trader Joes 9:45am ShopRite - 1:00pm *BINGO - 515-54 <sup>th</sup> St - 1pm - 3pm Chair Exercise - 434 62 <sup>nd</sup> St. Community Rm - (residents of 430 & 434) - 10am-11am	17 Play Domino - 9am-12pm Walmart (Secaucus) 9:45 am Turkey Party 5800 Jefferson St - 5pm	18 Thanksgiving Party Middle School. 201-57St (12:00:3:00Pm) Call to reserve
19	Play Domino- 9am-12pm 20 Bergen Mall - 9:45am Lidl - 1:00pm Chair Exercise - 515-54 <sup>th</sup> St at 10am Bus Pickup for (5101 Park Ave at 9:50am) Turkey Party 430-434 62 <sup>nd</sup> St 5pm	Play Domino-9am - 12pm 21 Newport Mall 9:45 am ShopRite - 11:20am *BINGO - 515-54 <sup>th</sup> St-1pm3pm Chair Exercise - 434 62 <sup>nd</sup> St. Community Rm - (residents of 430 & 434) - 10am-11am Tai-Chi 54 <sup>th</sup> St & Blvd East Turkey Party 6100 & 6300 Adams 5pm	Play Domino - 9am-12pm 22 Garden State Mall - 9:45 am Burlington - 9:45Am Chair Exercise - 515-54St Bus Pickup At 9:45AM (5101 Park Ave)	23 	24 	Tai-Chi 26 9:30am 54 <sup>th</sup> Broadway Freshman Academy Gym
26	Bergen Mall - 9:45am Lidl - 1:00pm Chair Exercise - 515-54 <sup>th</sup> St at 10am Bus Pickup for (5101 Park Ave at 9:50am)	Newport Mall 9:45 am ShopRite - 11:20am *BINGO - 515-54 <sup>th</sup> St-1pm3pm Chair Exercise - 434 62 <sup>nd</sup> St. Community Rm - (residents of 430 & 434) - 10am-11am Tai-Chi 54 <sup>th</sup> St & Blvd East	Play Domino - 9am-12pm 29 Garden State Mall - 9:45 am Burlington - 9:45Am Chair Exercise - 515-54St Bus Pickup At 9:45AM (5101 Park Ave)	Play Domino - 9 am - 12 pm 30 Trader Joes 9:45am Shop Rite-1:00Pm *BINGO - 515-54th St -1 pm-3 pm Chair Exercise - 434 - 62nd St. Community Rm - (residents of 430 & 434) - 10 am - 11 am		

Medical Transportation Available, Call at (201) 295 5144 to Reserve  
ZUMBA EVERY WEDNESDAY AT 5101 4:30pm AND 430 62<sup>nd</sup> St 6:00PM

All Pick Ups For Buses and Trips at 515 54<sup>th</sup> St Unless Stated Differently  
TAI-CHI EVERY Tuesday (57<sup>th</sup> BLVD EST) & SUNDAY (54<sup>th</sup> BROADWAY) 9:30AM