

Mayor Albio Sires &
The Board of Commissioners Present
Senior Events November Calendar!



Seniors Department
Located at 515 54th St WNY
Call To Reserve at (201) 295-5144

November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Bergen Mall 9:45am LIDL 1:00pm Chair Exercise 515 54th St 10:00am (Bus Pickup for 5101at 9:45am)	Newport Mall 9:45am Shop Rite/Aldi 11:20am Bingo 515 54th St 1:00pm Chair Exercise 430 62nd St Community Rm. 10:00am	Garden State Mall 9:45am 1 Burlington 9:45am Chair Exercise 515 54 th St 10:00am (Bus Pickup for 5101at 9:45am)	Edgewater Mall 9:45am 2 Shoprite/Aldi 1:00pm Bingo 515 54 th St 1:00pm Chair Exercise 430 62 nd St Community Rm. 10:00am	Walmart 3 (Secaucus) 9:45 am	Tai-Chi 4 9:30am 54 th Broadway Freshman Academy Gym
5	Bergen Mall 9:45am 6 LIDL 1:00pm Chair Exercise 515 54th St 10:00am (Bus Pickup for 5101at 9:45am) 6		Garden State Mall 9:45am 8 Burlington 9:45am Chair Exercise 515 54 th St 10:00am (Bus Pickup for 5101at 9:45am)	Edgewater Mall 9:45am 9 Shoprite/Aldi 1:00pm Bingo 515 54 th St 1:00pm Chair Exercise 430 62 nd St Community Rm. 10:00am		Tai-Chi 11 9:30am 54 th Broadway Freshman Academy Gym
12	Bergen Mall 9:45am 13 LIDL 1:00pm Chair Exercise 515 54th St 10:00am (Bus Pickup for 5101at 9:45am)	Newport Mall 9:45am 14 Shop Rite/Aldi 11:20am Bingo 515 54th St 1:00pm Chair Exercise 430 62nd St Community Rm. 10:00am Tai-Chi 54 th Blvd East	Garden State Mall 9:45am 15 Burlington 9:45am Chair Exercise 515 54 th St 10:00am (Bus Pickup for 5101at 9:45am)	Edgewater Mall 9:45am 16 Shoprite/Aldi 1:00pm Bingo 515 54 th St 1:00pm Chair Exercise 430 62 nd St Community Rm. 10:00am	Turkey Party 17 5800 Jefferson St Walmart (North Bergen) 9:45 am	Thanksgiving Party 18 Middle School. Call to Reserve 12pm-4pm
19	Turkey Party 20 430-434 62nd St 5pm Bergen Mall 9:45am LIDL 1:00pm Chair Exercise 515 54th St 10:00am (Bus Pickup for 5101at 9:45am)	Turkey Party 21 6100 Adams St 5pm 6300 Adams Newport Mall 9:45am Shop Rite/Aldi 11:20am Bingo 515 54th St 1:00pm	Garden State Mall 9:45am 22 Burlington 9:45am Chair Exercise 515 54 th St 10:00am (Bus Pickup for 5101at 9:45am)			25
26	Bergen Mall 9:45am 27 LIDL 1:00pm Chair Exercise 515 54th St 10:00am (Bus Pickup for 5101at 9:45am)	Newport Mall 9:45am 28 Shop Rite/Aldi 11:20am Bingo 515 54th St 1:00pm Chair Exercise 430 62nd St Community Rm. 10:00am	Garden State Mall 9:45am 29 Burlington 9:45am Chair Exercise 515 54 th St 10:00am (Bus Pickup for 5101at 9:45am)	Edgewater Mall 9:45am 30 Shoprite/Aldi 1:00pm Bingo 515 54 th St 1:00pm Chair Exercise 430 62 nd St Community Rm. 10:00am		

Medical Transportation Available, Call at (201) 295 5144 to Reserve
TAI-CHI EVERY Tuesday (57th BLVD EST) & SUNDAY (54th BROADWAY) 9:30AM

All Pick Ups For Buses and Trips at 515 54th St Unless Stated Differently
Call to Reserve for All Events.