


Mayor Albio Sires &
The Board of Commissioners Present
Senior Events October Calendar!



Seniors Department
Located at 515 54th St WNY
Call To Reserve at (201) 295-5144

October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Bergen Mall 9:45am LIDL 1:00pm Chair Exercise 515 54 th St 10:00am (Bus Pickup for 5101at 9:45am)	2 Newport Mall 9:45am Shop Rite/Aldi 11:20am Bingo 515 54 th St 1:00pm Chair Exercise 430 62 nd St Community Rm. 10:00am	3 Garden State Mall 9:45am Burlington 9:45am Chair Exercise 515 54 th St 10:00am (Bus Pickup for 5101at 9:45am)	4 Edgewater Mall 9:45am Shoprite/Aldi 1:00pm Bingo 515 54 th St 1:00pm Chair Exercise 430 62 nd St Community Rm. 10:00am	5 Walmart (North Bergen) 9:45 am	6 Tai-Chi 7 9:30am 54 th Broadway Freshman Academy Gym	
8 	9 Newport Mall 9:45am Shop Rite/Aldi 11:20am Bingo 515 54 th St 1:00pm Chair Exercise 430 62 nd St Community Rm. 10:00am	10 Pumpkin Picking \$13 8:30am Garden State Mall 9:45am Burlington 9:45am Chair Exercise 515 54 th St 10:00am (Bus Pickup for 5101at 9:45am)	11 Edgewater Mall 9:45am Shoprite/Aldi 1:00pm Bingo 515 54 th St 1:00pm Chair Exercise 430 62 nd St Community Rm. 10:00am	12 Walmart (Secaucus) 9:45 am	13 Tai-Chi 14 9:30am 54 th Broadway Freshman Academy Gym	
15 Bergen Mall 9:45am LIDL 1:00pm Chair Exercise 515 54 th St 10:00am (Bus Pickup for 5101at 9:45am)	16 Newport Mall 9:45am Shop Rite/Aldi 11:20am Bingo 515 54 th St 1:00pm Chair Exercise 430 62 nd St Community Rm. 10:00am Tai-Chi 54 th Blvd East	17 Garden State Mall 9:45am Burlington 9:45am Chair Exercise 515 54 th St 10:00am (Bus Pickup for 5101at 9:45am)	18 Saint Jude Shrine \$58 6:30am 515 54 th St Edgewater Mall 9:45am Shoprite/Aldi 1:00pm Bingo 515 54 th St 1:00pm Chair Exercise 430 62 nd St	19 Walmart (North Bergen) 9:45 am	20 Amish Country \$34 21 Pick up 9:00am 515 54 th St Tai-Chi 9:30am 54 th Broadway Freshman Academy	
22 Bergen Mall 9:45am LIDL 1:00pm Chair Exercise 515 54 th St 10:00am (Bus Pickup for 5101at 9:45am)	23 Newport Mall 9:45am Shop Rite/Aldi 11:20am Bingo 515 54 th St 1:00pm Chair Exercise 430 62 nd St Community Rm. 10:00am	24 Garden State Mall 9:45am Burlington 9:45am Chair Exercise 515 54 th St 10:00am (Bus Pickup for 5101at 9:45am)	25 Wind Creek Casino \$25 8:30am 515 54 th St Edgewater Mall 9:45am Shoprite/Aldi 1:00pm Bingo 515 54 th St 1:00pm Chair Exercise 430 62 nd St	26 Walmart (Secaucus) 9:45 am	27 Halloween Party 28 12pm-4pm Pickup at all Housing Locations. Tai-Chi 9:30am 54 th Broadway Freshman Academy	
29 Bergen Mall 9:45am LIDL 1:00pm Chair Exercise 515 54 th St 10:00am (Bus Pickup for 5101at 9:45am)	30 Newport Mall 9:45am Shop Rite/Aldi 11:20am Bingo 515 54 th St 1:00pm Chair Exercise 430 62 nd St Community Rm. 10:00am	31				

Medical Transportation Available, Call at (201) 295 5144 to Reserve
TAI-CHI EVERY Tuesday (57th BLVD EST) & SUNDAY (54th BROADWAY) 9:30AM

All Pick Ups For Buses and Trips at 515 54th St Unless Stated Differently
Call to Reserve for All Events.