



**MAYOR NICHOLAS J. SACCO
COUNCIL ON AGING
PROUDLY PRESENTS
EVENTS FOR:**

APRIL 2010



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Senior Events Questions Call: 392-2159

Senior Transportation Call: 869-9595

1 Regular Shopping Trips
9am-3pm
Exercise 10:30am-12pm

2 **Good Friday**

3

4 **Easter Sunday**

5 Regular Shopping Trips
9am-3pm
Exercise 10:30am-12pm
Bingo 11am
Nutrition Ctr.
Lunch Special \$1.00
TAI-CHI 9am

6 Regular Shopping Trips
9am-3pm
Chair Aerobics
10:30-11:30am

7 Regular Shopping Trips
9am-3pm
TAI-CHI 11am
LUNCHEON
CICI PIZZA
1-3pm \$6pp

8 Regular Shopping Trips
9am-3pm
Exercise 10:30am-12pm

9 Regular Shopping Trips
9am-3pm
TAI-CHI 10am
FREE MOVIE 12pm
BIRTHDAY BINGO!
11am

10 **DAY TRIP TO
EMPIRE CITY/
YONKERS**
10am-6pm \$5pp

11

12 Regular Shopping Trips
9am-3pm
Exercise 10:30am-12pm
Bingo 11am
Nutrition Ctr.
Lunch Special \$1.00
TAI-CHI 9am

13 Regular Shopping Trips
9am-3pm
Chair Aerobics
10:30-11:30am

14 Regular Shopping Trips
9am-3pm
BINGO LUNCHEON
11am-1pm

15 Regular Shopping Trips
9am-3pm
Exercise 10:30am-12pm

16 Regular Shopping Trips
9am-3pm
TAI-CHI 10am
Senior Delight
JC MUSEUM 1pm

17 **DAY TRIP TO
MARSHALL CREEK
FLEA MARKET**
8am-5pm

18

19 Regular Shopping Trips
9am-3pm
Exercise 10:30am-12pm
Bingo 11am
Nutrition Ctr.
Lunch Special \$1.00
TAI-CHI 9am

20 Regular Shopping Trips
9am-3pm
Chair Aerobics
10:30-11:30am

21 Regular Shopping Trips
9am-3pm
TAI-CHI 11am
LUNCHEON
OUTBACK
1-3pm \$12pp

22 Regular Shopping Trips
9am-3pm
Exercise 10:30am-12pm

23 Regular Shopping Trips
9am-3pm
TAI-CHI 10am
FREE MOVIE 12pm

24

25 **DAY TRIP TO
KEANSBURG**
11am-6pm

26 Regular Shopping Trips
9am-3pm
Exercise 10:30am-12pm
Bingo 11am
Nutrition Ctr.
Lunch Special \$1.00
TAI-CHI 9am

27 Regular Shopping Trips
9am-3pm
Chair Aerobics
10:30-11:30am

28 Regular Shopping Trips
9am-3pm
BINGO LUNCHEON
11am-1pm

29 Regular Shopping Trips
9am-3pm
Exercise 10:30am-12pm

30 Regular Shopping Trips
9am-3pm
TAI-CHI 10am