



**MAYOR SILVERIO 'SAL' VEGA**  
PROUDLY PRESENTS  
**RECREATION FOR ALL!**

Commissioners Riccardi, Lange, Rodríguez and Fernández-López

[www.westnewyorknj.org](http://www.westnewyorknj.org)

# MARCH 2011



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Every Week Monday - Friday</b> Baseball Clinic PS#1 Gym 6:30 - 9:30pm</p> <p><b>Every Week, Monday - Thursday</b> Cheerleading Practice - PS #4 3:30 - 8pm Girls Basketball - PS #5 4 - 7pm</p> <p><b>Every Week Tuesday, Wednesday and Thursday</b> Adult Volleyball - Middle School 8-11pm</p>	<p><b>1</b> Senior Tai-Chi 8:30-9:30am Hudson Hall Senior Food Shopping Pathmark, Weehawken 1-3pm</p> <p><b>Tuesday Blvd. East Pick-ups are at 11:30am</b></p>	<p><b>2</b></p>	<p><b>3</b> Senior Tai-Chi 8:30-9:30am Hudson Hall Senior Food Shopping Pathmark, Weehawken 1-3pm</p>	<p><b>4</b> Senior Bingo 1-3pm 430 62nd Street <b>PEEWEE &amp; BIDDY BASKETBALL</b> <b>PRE-PREP BASKETBALL</b> <b>MT. AIRY CASINO*</b> 8am Hudson Hall \$28pp</p>	<p><b>5</b> Senior Tai-Chi 7:30am PS# 5</p> <p><b>Travel Basketball, 3-9pm</b></p>	
<b>Little League Registration - Little League Field (53rd &amp; Broadway), Mondays - Fridays, 5-8pm</b>						
<p><b>6</b></p> <p><b>Travel Basketball, 3-9pm</b></p>	<p><b>7</b> Senior Bingo 1-3pm Hudson Hall <b>PEEWEE &amp; BIDDY BASKETBALL</b> 6-8pm Middle School <b>PRE-PREPBASKETBALL</b> 6pm Middle School</p>	<p><b>8</b> Senior Tai-Chi 8:30-9:30am Hudson Hall Senior Food Shopping ShopRite, Columbia Park 1-3pm</p> <p><b>Tuesday Blvd. East Pick-ups are at 11:30am</b></p>	<p><b>9 Ash Wednesday</b></p>	<p><b>10</b> Senior Tai-Chi 8:30-9:30am Hudson Hall Senior Food Shopping ShopRite, Columbia Park 1-3pm</p>	<p><b>11</b> Senior Bingo 1-3pm 430 62nd Street <b>PEEWEE &amp; BIDDY BASKETBALL</b> 6-8pm Middle School <b>PRE-PREPBASKETBALL</b> 6pm Middle School</p>	<p><b>12</b> Senior Tai-Chi 7:30am PS# 5</p> <p><b>Travel Basketball, 3-9pm</b></p>
<p><b>13 Daylight Savings Time Begins</b></p> <p><b>Travel Basketball, 3-9pm</b></p>	<p><b>14</b> Senior Bingo 1-3pm 430 62nd Street <b>PEEWEE &amp; BIDDY BASKETBALL</b> 6-8pm Middle School <b>PRE-PREPBASKETBALL</b> 6pm Middle School</p>	<p><b>15</b> Senior Tai-Chi 8:30-9:30am Hudson Hall Senior Food Shopping Pathmark, Weehawken 1-3pm</p> <p><b>Tuesday Blvd. East Pick-ups are at 11:30am</b></p>	<p><b>16</b></p>	<p><b>17 Saint Patrick's Day</b> Senior Tai-Chi 8:30-9:30am Hudson Hall Senior Food Shopping Pathmark, Weehawken 1-3pm</p>	<p><b>18</b> Senior Bingo 1-3pm 430 62nd Street <b>PEEWEE &amp; BIDDY BASKETBALL</b> 6-8pm Middle School <b>PRE-PREPBASKETBALL</b> 6pm Middle School</p>	<p><b>19</b> Senior Tai-Chi 7:30am PS# 5</p> <p><b>Travel Basketball, 3-9pm</b></p>
<p><b>20 First Day of Spring</b></p> <p><b>Travel Basketball, 3-9pm</b></p>	<p><b>21</b> Senior Bingo 1-3pm 430 62nd Street <b>PEEWEE &amp; BIDDY BASKETBALL</b> 6-8pm Middle School <b>PRE-PREPBASKETBALL</b> 6pm Middle School</p>	<p><b>22</b> Senior Tai-Chi Senior Food Shopping ShopRite, Columbia Park 1-3pm</p> <p><b>Tuesday Blvd. East Pick-ups are at 11:30am</b></p>	<p><b>23</b></p>	<p><b>24</b> Senior Tai-Chi 8:30-9:30am Hudson Hall Senior Food Shopping ShopRite, Columbia Park 1-3pm</p>	<p><b>25</b> Senior Bingo 1-3pm 430 62nd Street <b>PEEWEE &amp; BIDDY BASKETBALL</b> 6-8pm Middle School <b>PRE-PREPBASKETBALL</b> 6pm Middle School</p>	<p><b>26</b> Senior Tai-Chi 7:30am PS# 5</p> <p><b>Travel Basketball, 3-9pm</b></p>
<p><b>27</b></p> <p><b>Travel Basketball, 3-9pm</b></p>	<p><b>28</b> Senior Bingo 1-3pm 430 62nd Street <b>PEEWEE &amp; BIDDY BASKETBALL</b> 6-8pm Middle School <b>PRE-PREPBASKETBALL</b> 6pm Middle School</p>	<p><b>29</b> Senior Tai-Chi 8:30-9:30am Hudson Hall Senior Food Shopping Pathmark, Weehawken 1-3pm</p> <p><b>Tuesday Blvd. East Pick-ups are at 11:30am</b></p>	<p><b>30</b></p>	<p><b>31</b> Senior Tai-Chi 8:30-9:30am Hudson Hall Senior Food Shopping Pathmark, Weehawken 1-3pm</p>	<p style="text-align: center;"><b>SENIOR SHOPPING GUIDE</b></p> <p><b>Senior Food Shopping Trips</b> Please Note: TUE Covers Eastside THU Covers Westside <b>Tuesday Blvd. East Pick-ups are at 11:30am</b></p> <p><b>Senior Mall Trips Mon-Fri - 9:30am</b> MON - Bergen Mall, Paramus TUE - Newport Mall, Jersey City WED - Garden State Plaza, Paramus THU - Edgewater Commons FRI - Mill Creek, Secaucus</p> <p><i>Bergenline Jitney Runs Mon-Sat 9am-1pm Local Only</i></p>	

**\*REGISTRATION IN PERSON**  
TICKET AND PAYMENT (IF ANY) IN ADVANCE.



**EL ALCALDE SILVERIO "SAL" VEGA  
TIENE EL PLACER DE PRESENTAR  
RECREACIÓN PARA TODOS!**  
Comisionados Riccardi, Lange, Rodríguez y Fernández-López  
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# MARZO 2011



Domingo	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado
<p><b>Cada Semana, Lunes a Viernes</b> Clínicas de Beisbol - PS#1 Gimnasio 6:30 - 9:30pm</p> <p><b>Cada Semana, Lunes a Jueves</b> Práctica para Animadoras - PS #4 3:30 - 8pm Baloncesto Femenino - PS #5 4 - 7pm</p> <p><b>Cada Semana, Martes, Miércoles y Jueves</b> Voleibol para Adultos - 8-11pm Middle School</p>	<p>Tai-Chi para Ancianos 8:30-9:30am Hudson Hall Viaje al mercado para Ancianos Pathmark, Weehawken 1pm-3pm</p>	<p>Tai-Chi para Ancianos 8:30-9:30am Hudson Hall Viaje al mercado para Ancianos ShopRite, Columbia Park 1pm-3pm</p>	<p>Tai-Chi para Ancianos 8:30-9:30am Hudson Hall Viaje al mercado para Ancianos ShopRite, Columbia Park 1pm-3pm</p>	<p>Tai-Chi para Ancianos 8:30-9:30am Hudson Hall Viaje al mercado para Ancianos Pathmark, Weehawken 1pm-3pm</p>	<p>Bingo para Ancianos 1-3pm 430 62nd Street <b>PEEWEE Y BIDDY BALONCESTO</b> <b>PRE-PREP BALONCESTO</b> <b>MT. AIRY CASINO*</b> 8am Hudson Hall \$28pp</p>	<p>Tai-Chi para Ancianos 7:30am PS#5</p>
<b>Registración para Pequeñas Ligas de Beisbol - Little League Field (53rd &amp; Broadway), Mondays - Fridays, 5-8pm</b>						
<p><b>6</b></p> <p>Baloncesto, 3-9pm</p>	<p><b>7</b></p> <p>Bingo para Ancianos 1-3pm Hudson Hall <b>PEEWEE Y BIDDY BALONCESTO</b> 6-8pm Middle School <b>PRE-PREP BALONCESTO</b> 6pm Middle School</p>	<p><b>8</b></p> <p>Tai-Chi para Ancianos Viaje al mercado para Ancianos ShopRite, Columbia Park 1pm-3pm</p> <p><i>La Recogida de los Martes en Boulevard East es a las 11:30</i></p>	<p><b>9</b></p> <p><b>Miércoles de ceniza</b></p>	<p><b>10</b></p> <p>Tai-Chi para Ancianos Viaje al mercado para Ancianos ShopRite, Columbia Park 1pm-3pm</p>	<p><b>11</b></p> <p>Bingo para Ancianos 1-3pm 430 62nd Street <b>PEEWEE Y BIDDY BALONCESTO</b> 6-8pm Middle School <b>PRE-PREP BALONCESTO</b> 6pm Middle School</p>	<p><b>12</b></p> <p>Tai-Chi para Ancianos 7:30am PS#5</p> <p>Baloncesto, 3-9pm</p>
<p><b>13</b></p> <p><b>Comienzo de la temporada de ahorro de luz</b></p> <p>Baloncesto, 3-9pm</p>	<p><b>14</b></p> <p>Bingo para Ancianos 1-3pm Hudson Hall <b>PEEWEE Y BIDDY BALONCESTO</b> 6-8pm Middle School <b>PRE-PREP BALONCESTO</b> 6pm Middle School</p>	<p><b>15</b></p> <p>Tai-Chi para Ancianos 8:30-9:30am Hudson Hall Viaje al mercado para Ancianos Pathmark, Weehawken 1pm-3pm</p> <p><i>La Recogida de los Martes en Boulevard East es a las 11:30</i></p>	<p><b>16</b></p>	<p><b>Día de San Patricio</b> Tai-Chi para Ancianos 8:30-9:30am Hudson Hall Viaje al mercado para Ancianos Pathmark, Weehawken 1pm-3pm</p>	<p><b>17</b></p> <p>Bingo para Ancianos 1-3pm 430 62nd Street <b>PEEWEE Y BIDDY BALONCESTO</b> 6-8pm Middle School <b>PRE-PREP BALONCESTO</b> 6pm Middle School</p>	<p><b>18</b></p> <p>Tai-Chi para Ancianos 7:30am PS#5</p> <p>Baloncesto, 3-9pm</p>
<p><b>19</b></p> <p><b>Primer Día de Primavera</b></p> <p>Baloncesto, 3-9pm</p>	<p><b>20</b></p> <p>Bingo para Ancianos 1-3pm Hudson Hall <b>PEEWEE Y BIDDY BALONCESTO</b> 6-8pm Middle School <b>PRE-PREP BALONCESTO</b> 6pm Middle School</p>	<p><b>21</b></p> <p>Tai-Chi para Ancianos Viaje al mercado para Ancianos ShopRite, Columbia Park 1pm-3pm</p> <p><i>La Recogida de los Martes en Boulevard East es a las 11:30</i></p>	<p><b>22</b></p>	<p><b>23</b></p> <p>Tai-Chi para Ancianos Viaje al mercado para Ancianos ShopRite, Columbia Park 1pm-3pm</p>	<p><b>24</b></p> <p>Bingo para Ancianos 1-3pm 430 62nd Street <b>PEEWEE Y BIDDY BALONCESTO</b> 6-8pm Middle School <b>PRE-PREP BALONCESTO</b> 6pm Middle School</p>	<p><b>25</b></p> <p>Tai-Chi para Ancianos 7:30am PS#5</p> <p>Baloncesto, 3-9pm</p>
<p><b>26</b></p> <p>Baloncesto, 3-9pm</p>	<p><b>27</b></p> <p>Bingo para Ancianos 1-3pm Hudson Hall <b>PEEWEE Y BIDDY BALONCESTO</b> 6-8pm Middle School <b>PRE-PREP BALONCESTO</b> 6pm Middle School</p>	<p><b>28</b></p> <p>Tai-Chi para Ancianos 8:30-9:30am Hudson Hall Viaje al mercado para Ancianos Pathmark, Weehawken 1pm-3pm</p> <p><i>La Recogida de los Martes en Boulevard East es a las 11:30</i></p>	<p><b>29</b></p>	<p><b>30</b></p> <p>Tai-Chi para Ancianos 8:30-9:30am Hudson Hall Viaje al mercado para Ancianos Pathmark, Weehawken 1pm-3pm</p>	<p><b>GUÍA DE PASEOS PARA LOS ANCIANOS</b></p> <p><i>Viajes al Mercado Nota:</i> MAR Cubre la sección Este JUE Cubre la sección Oeste -La Recogida de los Martes en Boulevard East es a las 11:30 Bus de Bergenline funciona: Lun-Sáb 9am-1pm Sólo Local</p> <p><i>Paseos al Mall para Ancianos de Lun a Vier 9:30am</i> LUN - Bergen Mall, Paramus MAR - Newport Mall, Jersey City MIER - Garden State Plaza, Paramus JUE - Edgewater Commons VIER - Mill Creek, Secaucus</p>	
<p><b>31</b></p> <p>Baloncesto, 3-9pm</p>	<b>*REGISTRACIÓN EN PERSONA PAGO POR ADELANTADO</b>					